

private pool

main ridge local olives (vg) (contains gluten, sulphites, soy)
local artisan bread

18

local cheese platter (v) (contains dairy, nuts, sulphites, sesame, gluten)
prom country and main ridge dairy cheeses, quince paste, lavosh

32

fruit platter

15

peninsula nut co – mixed nuts

8

chappy's chips – dill pickle / chicken salt / chilli lime
(premium bagged crisps)

7.9

something sweet

please see our display cabinet for sweet selection

beverages

juices

organic fresh orange juice

8

cold pressed greens, green apple, celery, pear, silverbeet, lemon, ginger

10

smoothies

blended with coconut water (may contain dairy, sulphites)

detox blueberry, banana, dates, boysenberry

12

reboot mango, pineapple, banana, passionfruit, mint

12

energise strawberry, apple, pear, pineapple, dates

12

blend with soy, almond or oat milk add \$1.5

add greek or coconut yoghurt add \$1.5

bottled drinks (may contain sulphites)

h2 coco – young green coconut water

8

locao – chocolate coconut water

6.5

wallaby water - still or sparkling

5

tiro - ginger beer or lemon, lime and bitters

7

ordinary soda – yuzu lemon or cola

6.5

etch sparkling

8

- finger lime, lemon myrtle and rosemary

- davidson plum, ribery and strawberry gum

- bush apple and kakadu plum

cold drinks (contains dairy)

iced chocolate

8.5

iced latte

6.5

iced coffee

8.5

tea culture iced matcha with honey

7.5

hot drinks (may contain dairy/gluten, sulphites)

good folk hot chocolate by commonfolk

5

tea culture chai latte

5.5

traditional spices, black tea, panela sugar, salt

tea culture turmeric latte

5.5

turmeric, ginger, black pepper and cinnamon

organic india tulsi tea original, green, masala chai, sweet rose

5

love tea certified organic french earl grey/ english breakfast/ peppermint/
lemongrass and ginger/ chamomile

5

espresso coffee by commonfolk – godfather espresso blend

cappuccino, latte, flat white, long/short macchiato, piccolo, mocha, short/long black

5

extras

(strong/organic full cream/ soy/ almond/ oat/ lactose free)

.75

- mug/large 1

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beverages

sparkling, white wine, rose <i>(may contain traces of egg/fish/sulphites)</i>	g	b
rahona valley "portsea sun" limoncello spritz	15	70
mornington peninsula		
nv dal zotto pucino prosecco	15	70
king valley vic		
nv foxeys hangout sparkling white	15	70
mornington peninsula		
nv champagne taittinger brut prestige		155
nv montalto pennon hill sparkling rose		79
red hill south vic		
2022 mosselini sauvignon blanc	14	66
mornington peninsula		
2024 quealy pinot gris	15	70
mornington peninsula		
2025 red claw chardonnay	16	75
mornington peninsula		
2023 montalto pennon hill chardonnay		79
red hill south vic		
2022 montalto chardonnay reserve		110
mornington peninsula		
2021 stonier reserve chardonnay		120
merricks vic		
2022 rahona valley 'kayes block' riesling		70
mornington peninsula		
nv crittenden estate 'pinocchio' moscato	14	66
mornington peninsula		
2022 the cups estate pinot rose	15	70
mornington peninsula		
dessert wine <i>(may contain traces of egg/fish/sulphites)</i>		
2023 quealy east muscat rosa – 375ml		64
balnarring vic		
spirits and other <i>(may contain traces of egg/fish/sulphites)</i>		
roseade spritzer – rose, hand-crafted traditional lemonade and touch of spritz	12	
penni ave vodka – lemon myrtle	14	
penni ave vodka – strawberry gum	14	
bass and flinders maritime – gin and tonic	14	

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supper

available 9.30pm – 2am

main ridge local olives <i>(vg) (contains gluten, sulphites, soy)</i>	18
local artisan bread	
vegetarian salad of the day <i>(v) (contains nuts, sulphites)</i>	16
moroccan spiced grain salad <i>(vg) (contains soy, sesame, sulphites)</i>	18
quinoa, wild rice, roasted vegetables and pepperberry vinaigrette	
tikka chicken salad <i>(contains sulphites, soy, fish, crustaceans, sesame)</i>	20
cherry tomato, cucumber, capsicum, beetroot and spiced yogurt dressing	
teriyaki salmon noodle bowl <i>(contains fish, crustaceans, wheat/gluten, dairy, sesame/sesame oil, soy, sulphites, mollusc, shellfish)</i>	25
edamame, wakame, kimchi, coriander, pickled ginger and tamari dressing	
local cheese platter <i>(v) (contains dairy, nuts, sulphites, sesame, gluten)</i>	32
prom country and main ridge dairy cheeses, quince paste, lavosh	
peninsula nut co – mixed nuts	8
chappy's chips – dill pickle / chicken salt / chilli lime <i>(premium bagged crisps)</i>	7.9
pizza	
tandoori chicken pizza <i>(contains dairy, sulphites, gluten, wheat)</i>	27
tandoori chicken breast, cherry tomatoes, tomato sugo, red onion, coriander, mozzarella and yoghurt	
margherita pizza <i>(contains gluten, dairy, wheat, sulphites)</i>	25
cherry tomatoes, mozzarella, bocconcini, torn basil	
something sweet	
please see our display cabinet for sweet selection	

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spa dreaming dining room

lunch from 11.30am / dinner from 6pm

starters

main ridge mixed olives (vg) (contains gluten, sulphites, soy) 18

artisan bread
- extra bread 5

local grilled asparagus (vg) (contains nuts, soy, sulphites, gluten, sesame) 22
local asparagus, salsa cruda, toasted macadamia, food bowl herbs, sourdough

prawn and ginger dumplings (3) (contains crustaceans, sulphites, egg, sesame, soy) 20
steamed dumplings with a traditional chinese dumpling sauce

snapper ceviche (contains sulphites, seafood) 26
fresh snapper cured in lime and coconut, dressed with chilli, herbs and crunchy corn tortilla

city larder pork and pistachio terrine (contains gluten, sulphites, pistachio, nuts, egg) 26
served with pear and onion chutney, house pickles & local sourdough

mains

grilled marinated tofu bowl (vg) (contains soy, tree nuts, sesame, sulphites) 40
with firm grilled tofu, quinoa tabouli, broad beans, avocado, zucchini, silken tofu and cashew dressing

ricotta and caramelised onion tart (v) (contains gluten, egg, dairy, sulphites) 40
with warmed glazed spring ribboned vegetables, local curd and soft herbs

fish of the day (contains fish, crustaceans, egg, sulphites, dairy) m.p.
with a warmed potato and dashi mayo salad, grilled local asparagus, prawn and herb compound butter

coconut poached shredded free range chicken salad (contains soy, sulphites, sesame, crustaceans, fish) 40
with wombok, capsicum, bok choy, bean shoots, fresh ginger, carrot, thai basil, coriander, kimchi, fried sweet potato noodles, noc nam dressing

fennel, sumac and cumin dried rubbed lamb shoulder (contains fish, sulphites) 48
sous vide lamb shoulder, carrot, capsicum and white bean puree, dutch carrots, salsa verde, jus

confit duck maryland (contains gluten, dairy, sulphites) 46
crispy skinned confit duck leg, spring pea, mint, herb and cows curd pearl couscous orange, raspberry & rosemary glazed beetroot, light jus

peninsula hot springs shared assiette for two m.p.
(for food allergens please ask your server)
chefs selection of three signature dishes

sides 10

hawkes farm steamed kipfler potatoes (v, vg**) (contains dairy)
grilled local asparagus (vg)
thai slaw (contains soy, sulphites, sesame, crustaceans, fish)

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dessert

something sweet

lemon tart (contains dairy, egg, sulphites, gluten) 9

carrot cake (contains nuts, dairy, egg, sulphites) 9

passionfruit pannacotta (contains dairy, egg, soy) 15

chocolate beetroot pudding with cream (contains nuts, dairy, egg) 12.5

johnny ripe apple pie (contains sulphites, gluten, dairy, egg) 7.5

- add ice-cream or cream 2.5

johnny ripe quince friand (dairy, sulphites, egg, tree nuts) 10

rocky road (tree nuts, peanuts, soy) 8

affogato (contains dairy) 9

- add frangelico 6

cheese platter

local cheese platter (v) (contains dairy, nuts, sulphites, sesame, gluten) 32
prom country and main ridge dairy cheeses, quince paste, lavosh

hot drinks (may contain dairy, sulphites, gluten)

good folk hot chocolate by commonfolk 5

tea culture turmeric latte 5.5
turmeric, ginger, black pepper and cinnamon

tea culture chai latte 5.5
traditional spices, black tea, panela sugar, salt

organic india tulsii tea 5

- original/ green/ masala chai/ sweet rose/ turmeric and ginger

love tea 5

french earl grey/ english breakfast/ peppermint/ lemongrass and ginger/ chamomile

espresso coffee by commonfolk - godfather blend

cappuccino, latte, flat white, long/short macchiato, piccolo, mocha, short/long black 5

- strong, organic, soy, almond, oat, lactose free .75

- mug/large 1

dessert wine (may contain traces of egg/fish/sulphites)

2023 quealy east muscat rosa - 375ml 64

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light meals

available between 11.30am – 8pm

main ridge local olives (vg) <i>(contains gluten, sulphites, soy)</i> local artisan bread	18
city larder pork and pistachio terrine <i>(contains gluten, sulphites, pistachio, nuts, egg)</i> served with pear and onion chutney, house pickles & local sour dough	26
local cheese platter (v) <i>(contains dairy, nuts, sulphites, sesame, gluten)</i> prom country and main ridge dairy cheeses, quince paste, lavosh	32
peninsula nut co – mixed nuts	8
chappy's chips – dill pickle / chicken salt / chilli lime <i>(premium bagged crisps)</i>	7.9
something sweet please see our display cabinet for sweet selection	

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beverages

red wine <i>(may contain traces of egg/fish/sulphites)</i>	g	b
2023 stumpy gully 'panorama' pinot noir mornington peninsula	14	66
2021 the red fox pinot noir mornington peninsula		70
2023 montalto pennon hill pinot noir red hill south vic		79
2019 paradigm hill l'ami sage pinot noir – 375ml merricks vic		84
2021 the cups estate pinot noir mornington peninsula		85
2024 quealy tussie mussie pinot noir merricks vic		88
2018 moorooduc estate robinson pinot noir shoreham vic		94
2022 yabby lake single block release pinot noir mornington peninsula		220
2022 crittenden 'pinocchio' sangiovese mornington peninsula	14	66
2022 crittenden los hermanos tempranillo mornington peninsula		66
2023 stumpy gully merlot mornington peninsula	15	70
2019 trofeo estate amphora cabernet sauvignon dromana vic		75
nv mornington estate shiraz mornington peninsula	15	70
2022 gibson the dirtman shiraz barossa valley sa		85
beer and cider <i>(may contain gluten/sulphites)</i>		
prickly mooses otway light		8
st andrews "the apprentice" mid-strength		12
devilbend stumpy lager		12
jetty road brewery pale ale		12
red hill brewery golden ale		12
two bays brewing ipa (gluten free)		12
mr little apple or pear cider		12
mornington peninsula brewery free pale ale		6

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