

Spa Dreaming Centre

Breakfast menu

toasted sourdough or fruit loaf

Served with homemade jams (gf on request)

house made granola

w/ Gippsland yoghurt, fresh berries and chia seeds (vg)

almond milk pancakes

w/ blueberries, banana, natural yoghurt and pure maple syrup (vg)

free range omelette

w/ asparagus, red onion, cherry tomato, goats feta and toasted sourdough (vg) (gf on request)

zucchini and corn fritters

w/ smoked salmon, avocado salsa, rocket and a free range poached egg (vg on request)

house made polenta bread

w/ house made spiced baked beans, wilted spinach and 2 free range poached eggs (vg)

peninsula free range eggs

on toasted sourdough (poached, scrambled or fried)
(gf on request)

spiced baked beans

w/ wilted spinach and toasted sourdough (vg, vn, gf on request)

peninsula free range eggs with bacon

on toasted sourdough (poached, scrambled or fried)
(gf on request)

Peninsula Hot Springs vegan breakfast

w/ baked flat mushroom, roasted cherry truss tomatoes, avocado, baby spinach and basil pesto on toasted sourdough (vg, vn, gf)

Peninsula Hot Springs vegetarian breakfast

w/ baked tomato, flat mushroom, baby spinach and your choice of free range eggs (poached, scrambled or fried) on toasted sourdough (vg, gf on request)



Peninsula Hot Springs big breakfast

w/ bacon, baked tomato, flat mushroom, baby spinach and your choice of free range eggs (poached, scrambled or fried) on toasted sourdough (gf on request)

