



explore our facility



bath house brochure



discover more

what to bring



swimwear

Swimsuits are required in the Bath House bathing area. The mineral-rich water may discolour swimwear.



footwear

To reduce the risk of slips, we recommend appropriate footwear around the pools and in any wet areas.



mobile phone

If you wish to bring your mobile phone, we ask that you only take images of your group.



concession cards

We ask that you bring proof of any discount or concession with a valid expiry date.



water bottle

We recommend that you bring a plastic or stainless steel water bottle to drink from during your stay.



activewear

Please bring activewear for yoga, Pilates, Indigenous cultural walk and mindful walk activities.



walking shoes

Please bring closed toe shoes for participation in walking activities.

medical information



medical conditions

Please seek medical advice before bathing if you have any **medical conditions**.



feeling unwell

If you are feeling unwell, we would recommend postponing your visit and seeing a medical professional.

things to know



how to get here

We are located on Springs Lane in Fingal (Rye). For full directions, please visit [our website](#).



bathing with family & friends

Please ensure that if your friends and family wish to bathe with you, it is important that they have a Bath House bathing pass or have made a booking to join you.



cancellation, terms & conditions

We recommend you view our cancellation policy and **terms and conditions** after completing your booking.



when to arrive

It is essential that you arrive on time for your booking to avoid losing your spot. We recommend that you allow an extra 15 minutes to find us and park your car.



on arrival

Bathing suits and thongs are available for purchase on arrival. Robe, towel and locker hire is available. Please see our [hire prices](#).



valuables

We recommend all valuables including jewellery are left at home. The mineral water may cause jewellery to tarnish.



café

The Bath House cafe offers a selection of light meals, freshly ground coffee, cold drinks, freshly squeezed juices and snacks from morning until early evening every day and late on Thursday, Friday and Saturday. Visit [the website](#) for our cafe opening hours.



picnic area

We have a picnic area with tables and plenty of lawn space for you to enjoy. This area is open from dawn until dusk, and food is only to be consumed until dusk. Visit [the website](#) for more information.



accommodation and regional experiences

We have compiled a list of recommendations for **things to do** and **where to stay** during your visit.



our details

Opening hours: 7am–10pm, 7 days a week. Contact us at info@peninsulahotsprings.com or 03 5950 8777.

Please note that due to unforeseen capacity or maintenance requirements, there may be times when certain experiences or facilities are temporarily unavailable. We do our best to ensure minimal disruption to guests during these times. Please refer to our [list of planned maintenance](#) or contact our friendly Reservations Team on (03) 5950 8777 for more information.

