

spa dreaming centre guest information



what to expect



download our map



discover more

considerations before you leave home



what to expect

Before you arrive please click here to watch our 'What to expect' video to prepare you for your visit.



appropriate swimwear

Swimsuits are required in the Spa Dreaming Centre bathing area. The mineral-rich water may discolour swimwear.



footwear required

To reduce the risk of slips we recommend appropriate footwear around the pools and in wet areas.



minimise valuables

We have lockers available however we recommend that you minimise the valuables that you bring during your visit.



no cash payments

All onsite payments will now be cashless, and where possible, contactless.

medical information



medical advice

Please seek medical advice before bathing if you have any **medical conditions**.



feeling unwell

If you are feeling at all unwell we kindly request that you reschedule your visit.

capacity restrictions



bather limits

You will notice our pools have signage to indicate the maximum number of bathers allowed in each pool which will be monitored by members of our pools team.



social distancing

During your visit please observe social distancing so you are at a 1.5m distance from other parties across the site.

things to know



when to arrive

It is essential you arrive on time for your booking to avoid losing your spot. We recommend you allow an extra 15 minutes to find us and park your car.



on arrival

Robe, towel & locker hire is included for Spa Dreaming Centre guests with the exception of moonlit bathing guests. Hire items are available for purchase during this time.



bathing inclusions

Whilst the COVID-19 capacity restrictions are in place, Spa Dreaming Centre Guests will be unable to access Bath House bathing.



temperature reading

On arrival you will be required to use hand sanitiser and have a temperature check. Anyone presenting with a high temperature will be asked to reschedule their booking.



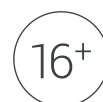
therapists

We do employ both male and female therapists, so on the day you may be allocated either for your treatment.



dining options

You will notice more space between you and other guests in our Spa Dreaming Centre café. Visit **the website** for café opening hours.



adults only

The Spa Dreaming Centre is reserved for visitors 16 years and over, the emphasis is on tranquil spaces, private and communal bathing and an array of pampering spa treatments.



moonlit bathing

Moonlit bathing is reserved for 18 years and over, between 11pm and 5am. Robe, towels and locker hire aren't included and there is limited food and beverage options available during this time.

Contact us at info@peninsulahotsprings.com or 03 5950 8777



peninsulahotsprings.com | open 7 days | 8am–5am

We are located on Springs Lane in Fingal (Rye). For full **directions** and **terms and conditions** please visit our website.