



reawaken in nature – your accommodation



location

Tents are nestled in nature with bespoke furnishings and are a short stroll to onsite experiences.



bedding

King bed or king single beds with all linen supplied.



bathroom

Full ensuites with luxurious heated floors and all amenities provided.



facilities

Tea/coffee-making, in-room dining (see menu overleaf), bar fridge, hair dryer, wardrobe, ironing, heating/cooling, in-room safe.



towel and robe

Towels and robes are complementary and will be supplied in your room, refreshed daily.

things to know



accessibility

Moderate accessible accommodation and parking.



your room

Our rooms are subject to availability and therefore we cannot guarantee a specific room.



18+ adults only

Accommodation is reserved for visitors aged 18 years and over.



check in and check out

Check-in from 2pm in our Spa Dreaming Centre. Check-out by 10am at our Spa Dreaming Centre reception. Please ensure you return your wrist band on check-out.



enquiries

For all glamping related enquiries please email us directly at glamping@peninsulahotsprings.com



bathing before and after your stay

Check-in to your glamping tent is 2pm. If you're planning to arrive earlier and want to bathe prior to checking in, our team will do their best to accommodate your request, however due to COVID safety requirements, this will be subject to availability. If you would like to bathe after check out, you'll be required to purchase an additional day bathing experience, either a one hour Recharge or a Revitalise bathing experience.



facemasks

Facemasks are to be carried with you during your stay and are to be worn whenever you're unable to maintain social distancing of 1.5m.



pets

With the exception of service dogs, pets are not allowed on the property.

upon arrival



on arrival

Please park in the designated glamping parking bay near the entrance. Leave your bags in the car and make your way to the Spa Dreaming Centre reception to check-in.



baggage

When you arrive at our Spa Dreaming Centre to check in (near the main entrance), remember to leave your bags in your car. You'll be directed to another spot to drop off your bags close to your tent.



contact tracing

On arrival please scan the QR code on your device and register your contact details, as required by the Victorian Health Department and to assist with contact tracing.



temperature reading

You will be required to use hand sanitiser and have a temperature check when you arrive. Anyone presenting with a high temperature will be asked to reschedule their booking.



map, torch, pathways

You'll be given a map upon arrival and there's a torch in your room, so be an explorer – just remember to stay on the lit paths and notice and respect the signs which steer you away from staff only areas.



forgotten something?

Just in case you forget your thongs or your bathers, you can purchase both (as well as some other lovely things) in our retail space when you check in.



an insider's guide to glamping



in-room tips

heating/cooling

With heated floors set to a minimum of 19 degrees, create your own environment by adjusting the split system to your liking. As the weather cools the heated floor temperature will increase accordingly.

wristband

Your Peninsula Hot Springs wristband is your door key and will identify you as a glamping guest. Keep it with you during your stay and remember to bring it with you when you check out.

ecofriendly

We're striving to be as ecofriendly as we can and have installed toilets which reuse the waste water from the basin to fill the cistern. The tap in the basin will run a little longer than expected, but it will stop when the toilet has been refilled.

devices

If you like to go to bed watching your favourite show remember to **bring your own device** and make the most of our free Wi-Fi. Earphones are a good idea, just in case your neighbour is a light sleeper!

nature sounds

Our local frogs sing morning and night, and if you're a light sleeper, the sounds of nature might be a bit loud! We've included earplugs in your room if you need them, so you can relax as you retreat to your glamping tent.

smoking

Smoking in the glamping area and within your accommodation is prohibited. A designated smoking section is located at the entrance to Peninsula Hot Springs.



wellness and bathing tips

open 24/7

We are now open 24/7, so you will have the opportunity to explore and discover all of our bathing experiences.

Our Spa Dreaming Centre is open 8am to 5am and our Bath House is 5am to 11pm.

selfies

If you want the perfect selfie, the iconic Hill Top pool is our top pick, but be patient – it's a popular spot.

sunset viewing

If you want to watch the sunset, our amphitheatre pools are the place to be. You'll have a beautiful view of the setting sun and the night sky.

experiences

Take the time to explore all that is on offer. We definitely recommend experiencing Fire & Ice and Clay Ridge, our signature wellness activities.

stay hydrated

We ask that you take breaks regularly and stay hydrated during your visit.



eating and drinking tips

stay hydrated

Stay hydrated throughout your stay. Even though you're relaxing in water, the heat can dehydrate you.

breakfast

For your comfort, your delicious breakfast showcasing local, seasonal produce will be served in the Spa Dreaming Centre dining room (no pesky crumbs in the bed).

coffee

There'll be a Nespresso machine in your room with a selection of pods, but if you have a favourite flavour, pack a few from home for your stay.

glassware

We ask that you enjoy a drink in or outside your room but refrain from taking the glassware into the bathing area.



enhance your stay

spa

If you haven't already booked in, surrender your body to complete relaxation with our signature spa treatments and balancing therapies honouring global traditions. Choose from a 1 hour, 90 minute or 2 hour experience, selecting your preferred massage, facial or body treatment.

dine

Nourish your appetite and replenish your body during your stay, exploring our dining venues and in room menu selection. Reserve your Chef's selection dinner in our Spa Dreaming Centre dining room if not booked as part of your package.

wellness

Participate in our daily wellness activities which include a nurturing movement practice and a rejuvenating Fire & Ice experience, reception will confirm the times upon check in.



all day

between 7.30am and 9pm

muffin of the day	7	pizza		peanut butter crunch tart (vg)	10
almond milk chia pod (vg)	8	margherita pizza (v)	18	<i>(contains nuts)</i>	
with fresh berries and granola		tomato, mozzarella, bocconcini, torn basil		salted caramel wagon wheel	6
english muffin	10	vegan pizza (vg)	20	fresh juices	10
egg & bacon or egg & spinach		roasted pumpkin, basil pesto, cherry tomato, spinach, sun dried tomato aioli		– rejuvenator pineapple, orange and watermelon	
sandwiches <i>(fresh or toasted)</i>	11	bbq chicken pizza	22	– hydrator apple, cucumber, lemon and mint	
– bagel mediterranean vegetable mushroom, capsicum hummus, and gruyere cheese		tomato, bbq sauce, mozzarella, caramelised onion, pine nuts, and rocket		– awaken carrot, celery and apple <i>(vegetable only on request)</i>	
– toastie cheese, ham, tomato		salami pizza	22	water menu	
falafel bowl (v, vegan on request)	15	tomato, mozzarella, feta, olive, red onion and capsicum		bottled water 600ml	5
shredded raw vegetables, hummus, tzatziki, warmed flat bread		<i>(gluten free base extra 4)</i>		sparkling water 500ml	6
vegetarian salad of the day (v)	12	something sweet		coconut water 300ml	5
grazing platter	29	carrot cake	7	aloe vera water 500ml	5
including soft and hard cheese, local olives, dips, pita bread, lavosh crackers, local quince paste		<i>(contains nuts)</i>			
		lemon tart	7		



supper

between 9.30pm and 7am

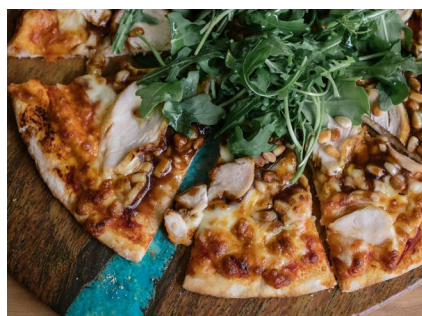
local artisan bread (v)	27	pizza		something sweet	
local olives, dip and chefs' accompaniments <i>(vg on request)</i>		margherita pizza (v)	18	cup of warm milk and oatie cookie	9
peninsula hot springs platter for two	52	tomato, mozzarella, bocconcini, torn basil		peanut butter mini magnum (vg)	9.5
selection of cured meats, cured fish, local cheese and olives, chefs' accompaniments, and toasted artisan bread. <i>(gf bread on request)</i>		vegan pizza (vg)	20	<i>(contains nuts)</i>	
sandwiches <i>(fresh or toasted)</i>	11	roasted pumpkin, basil pesto, cherry tomato, spinach, sun dried tomato aioli		espresso hazelnut tart	10
– bagel mediterranean vegetable mushroom, capsicum hummus, and gruyere cheese		bbq chicken pizza	22	<i>(contains nuts)</i>	
– toastie cheese, ham, tomato		tomato, bbq sauce, mozzarella, caramelised onion, pine nuts, and rocket		cookies and cream tart (vg)	10
vegetarian salad of the day (v)	12	salami pizza	22	<i>(contains nuts)</i>	
		tomato, mozzarella, feta, olive, red onion and capsicum		lemon tart	7
		<i>(gluten free base extra 4)</i>		water menu	
				bottled water 600ml	5
				sparkling water 500ml	6
				coconut water 300ml	5
				aloe vera water 500ml	5

(v) vegetarian (vg) vegan Our menus incorporate immune boosting ingredients. Gluten free bread available on request.

Whilst we do our best to cater to dietary requirements, we cannot guarantee that there won't be traces of allergens within our kitchen.



in-room dining menu



bar menu

red wine

foxeys hangout 'red fox' pinot noir	58
<i>Mornington Peninsula</i>	
crittenden 'pinocchio' sangiovese	48
<i>Mornington Peninsula</i>	
hickinbotham cabernet sauvignon	58
<i>Mornington Peninsula</i>	
bittern estate tempranillo	52
<i>Mornington Peninsula</i>	
montalto 'pennon hill' shiraz	52
<i>Mornington Peninsula</i>	
gibson estate 'dirtman' shiraz	60
<i>Barossa Valley</i>	

white wine

nv foxeys hangout sparkling white	62
<i>Mornington Peninsula</i>	
rahona valley 'kayes block' riesling	52
<i>Mornington Peninsula</i>	
crittenden 'gepetto' sauvignon blanc	48
<i>Mornington Peninsula</i>	
montalto 'pennon hill' chardonnay	58
<i>Mornington Peninsula</i>	
red claw pinot gris	60
<i>Mornington Peninsula</i>	
crittenden estate 'pinocchio' moscato	48
<i>Mornington Peninsula</i>	
foxeys hangout rose	52
<i>Mornington Peninsula</i>	

beer and cider

prickly mooses otway light	7
dainton brewery draught	9
st andrews beach pilsner	9
jetty road brewery pale ale	9
red hill brewery golden ale	9
mock red hill biodynamic apple cider	9
main ridge pear cider	9

We recommend you view our cancellation policy and **terms and conditions** after completing your booking.

Contact us at glamping@peninsulahotspings.com or 03 5950 8777. We are located on Springs Lane in Fingal (Rye).

