

spa dreaming centre guest information



what to expect



download our map



discover more

considerations before you leave home



what to expect

Before you arrive please click here to read our 'What to expect' section on our website to prepare you for your visit.



face masks

In line with CovidSafe requirements, face masks are to be worn at all times during your visit unless eating or drinking.



no cash payments

All onsite payments will now be cashless, and where possible, contactless.



appropriate swimwear

Swimsuits are required in the Spa Dreaming Centre bathing area. The mineral-rich water may discolour swimwear.



footwear required

To reduce the risk of slips we recommend appropriate footwear around the pools and in wet areas.



minimise valuables

We have lockers available however we recommend that you minimise the valuables that you bring during your visit.

medical information



medical advice

Please seek medical advice before bathing if you have any medical conditions.



feeling unwell

If you are feeling at all unwell we kindly request that you reschedule your visit.



stay hydrated

We ask that you take breaks regularly and stay hydrated during your visit.

capacity restrictions



bather limits

In line with COVIDSafe requirements, our pools have signs indicating the maximum number of bathers allowed at one time. We ask all guests to adhere to the restrictions as it will be monitored by our pools team. Larger groups are asked to be mindful and patient of the wait times that may occur.



social distancing

During your visit please observe social distancing so you are at a 1.5m distance from other parties across the site.

things to know



contact tracing

On arrival please scan the QR code on your device and register your contact details, as required by the Victorian Health Department and to assist with contact tracing.



temperature reading

On arrival you will be required to use hand sanitiser and have a temperature check. Anyone presenting with a high temperature will be asked to reschedule their booking.



adults only

The Spa Dreaming Centre is reserved for visitors 16 years and over, the emphasis is on tranquil spaces, private and communal bathing and an array of pampering spa treatments.



when to arrive

It is essential you arrive on time for your booking to avoid losing your spot. We recommend you allow an extra 15 minutes to find us and park your car.



therapists

We do employ both male and female therapists, so on the day you may be allocated either for your treatment.



our details

Spa Dreaming Centre opening hours: 8am – 11pm, 7 days a week.



on arrival

Bathing suits and thongs are available for purchase on arrival. Robe, towel & locker hire is available for all guests.



dining options

You will notice more space between you and other guests in our Spa Dreaming Centre café. Visit **the website** for café opening hours.



Explore the whole site

As a Spa Dream Centre guest, you have the opportunity to explore both our tranquil bathing area where you'll start your experience as well as the more social areas in our Bath House.

Contact us at info@peninsulahotsprings.com or 03 5950 8777



peninsulahotsprings.com | open 7 days | 8am–5am

We are located on Springs Lane in Fingal (Rye). For full **directions** and **terms and conditions** please visit our website.