



how to enjoy an Australian earth clay collection experience at home

For centuries indigenous people around the world have enjoyed the benefits of locally harvested clays and muds for medicinal properties and ceremonial gatherings. Minerals and trace elements in clay and mud are renowned for their therapeutic effects and healing properties.

Developed exclusively for Peninsula Hot Springs, the Australian Earth Clay Collection features five natural, vibrant colours from our Australian landscape – red earth, black earth, white earth, olive green earth and brown earth.

From Victoria's volcanic plains to the outback earth of Queensland and rich mineral sands of the Murray basin, the blends feature White Kaolin, Montmorillonite and Magnetite clays.

Purchase the Australian earth clay collection and bring the essence of the springs into your home <https://bit.ly/australianbodyclay>

Bring the clay experience to your home:



1. Blend equal measurement of the clay powder with warm water.



2. Mix well, until smooth and creamy. Adjust amounts to suit your needs.



3. Spread generously over clean, dry skin in an even layer. Be as creative as you like.



4. Leave on for 10-15 minutes. Take a fun picture of your clay designs to send to friends.



5. Rinse in warm shower. Repeat as many times as you like until the contents are finished.

For inspiration in your Australian Earth Clay experience visit our YouTube page and check out this video – <https://bit.ly/clayridgeyoutube>



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